PERMANENTE MEDICINE® Mid-Atlantic Permanente Medical Group

MAPMG Physician Benefits 2021

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This presentation (audio and print) is a summary of MAPMG's benefits for full-time physicians. Some benefits are prorated for physicians working part time. It is not a guarantee of benefits. Complete plan provisions may be found in the applicable Summary Plan Description or Policy available on UltiPro Self Service or by contacting MAPMG Benefits.

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Welcome

- Review this presentation before your start date
- Review Physician Benefits Flip Book
- Enroll in your benefits starting on your first day of work
- Find detailed plan information, links to vendors, and Summary Plan Descriptions at UltiPro Self Service (accessible after your onboarding is complete)
- We're here to help you now and throughout your career don't hesitate to contact us!

MAPMG Benefits Department

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What You Need to Know – Key Dates

You have 31 days from your hire date (start date) to enroll in Health, Dental, Medical and Dependent Care Flex Spending, Supplemental Life/AD&D, Long Term Disability, Long Term Care & Legal benefits.



Transit and 401(k) may be elected at any time.

If you <u>waive</u> these benefits when you are hired, your next opportunity to enroll will be the following November during Open Enrollment for the next calendar year, unless you have a life status change (e.g. marriage, newborn).

Health Insurance – Kaiser Foundation Health Plan of the Mid-Atlantic States (KPMAS)

100% MAPMG paid; coverage effective date of hire. Eligible dependents: spouse/domestic partner*; children through age 25 *tax implications if covering a domestic partner

Office Visits	Prescriptions	Out of Area – Emergency
 PCP \$10 / Spec \$20 Referral needed for Specialists Chose PCP online at kp.org when cards arrive 	 \$10 for 30-day supply at centers \$10 for 90-day mail order \$20 at Giant, Target, Walgreens, Walmart 	 Covered Get care- contact Member Services Submit receipts for reimbursement upon return
 Includes vision benefits at KP optical centers 		

Supporting documentation required to enroll eligible family members

Supplemental Medical Plan

HealthPlan Services

- Reimburses you for certain eligible health care expenses that aren't covered by KP coverage or that exceed its limits.
- ▲ Does not replace KP coverage
- Does not permit you to choose treatment outside of KP
- Eligible if enrolled in HMO (includes dependents)
- 80% reimbursement, up to reasonable and customary charges, after \$100 deductible (\$200 family)
- ▲ Summary Plan Description UltiPro Self Service

Employee Assistance Program & Alternative Behavioral Health Benefits <u>www.mapmgliveandwor</u>

www.mapmgliveandworkwell.com 800.622.7276

OptumHealthsm Behavioral Solutions

- 5 MAPMG-paid EAP visits per incident per year for all physicians and dependents for help with demands of everyday life
- ▲ For ongoing behavioral health treatment, use your KP benefits or Optum
- Optum: up to 45 therapy visits plus up to 10 medication management visits per year; in or out of network benefits available

Optum Behavioral Health	In Network Providers	Out-of-Network Providers
Only available if you (and	\$20 copay	Deductible: \$300 individual/\$600 family; then
Dependents) are enrolled in		Plan pays 80% coinsurance up to plan allowance
KP HMO		You will be responsible for any remaining balance.

Health Insurance for Parents & In-laws

- ▲ Must live in a KP service area
- Age 65 plan average cost \$800/month
- Medicare (Age 65+) plan average cost \$250/month
- Payroll deduction
- ▲ One year commitment



Dental Insurance

100% MAPMG paid; coverage effective date of hire. Eligible dependents: spouse/domestic partner*; children through age 25 *tax implications if covering a domestic partner

Deductibles: \$50 per person / \$150 per family each calendar year Waived for preventive and orthodontics Maximum Benefit: \$1,500 per person each calendar year / \$2,000 lifetime orthodontics (<age 19)

Benefit	Delta Dental Premiere PPO Dentists	Non-Delta Dental Premiere PPO Dentists
Diagnostics and Preventative Exams, cleanings, x-rays	100% negotiated rate	100% negotiated rate, plus any balance
Basic Services Fillings, root canals	80% negotiated rate	80% negotiated rate, plus any balance
Major Services Crowns, implants, bridges, orthodontics	50% negotiated rate	50% negotiated rate, plus any balance

Supporting documentation required to enroll eligible family members

Pre-Tax Spending Accounts – Flores & Associates



Medical FSA	Dependent Care FSA	Qualified Transit
 Use pre-tax dollars to pay for non- reimbursable medical, dental, vision or Rx expenses Flores Debit Card Flores e-receipt app \$550 Rollover feature 	 Use pre-tax dollars to pay for day care File one claim for the year "Use it or lose it" 	 Use pre-tax dollars to pay for mass transit and/or parking for your work commute Flexible enrollment Flores Debit Card You may update this benefit anytime throughout the year
\$2,750 annually per individual	\$5,000 annually per family	\$270/month transit \$270/month parking

Back-Up Care



- 15 days per calendar year of back-up care for emergency childcare, adult/elder care and self care needs
 - School holidays, snow days, recovery for you or spouse from illness or injury, or if your regular care giver call in sick or quits
- Heavily subsidized rates! Only \$6/hour for in-home care and \$15/child or \$25/family for center-based care
- Preferred enrollment at Bright Horizons' childcare centers (for full time care) and up to 10% discounts at participating non-Bright Horizons centers
- Online database with access to regular sitters and nannies, pet care, elder care planning and referrals, homework help and more
- ▲ REGISTER: https://clients.brighthorizons.com/mapmgcares [one week after hire]

User Name: mapmg | Password: mapmgcares

Life/Accidental Death & Dismemberment Insurance

- Basic Life/AD&D \$250,000 MAPMG provided
- ▲ Supplemental Life/AD&D 5 x salary up to \$1,000,000
 - Amounts over **3 x salary** require Evidence of Insurability
- Dependent Life/AD&D
 - Spouse: up to \$50,000
 - Child(ren) : \$10,000 (through age 19 or 25 if full time student)
- Supplemental and Spouse Life/AD&D rates based on age and volume
 - Premiums adjusted each January 1st based on age and volume in force





Business Travel Accident Insurance

- ▲ MAPMG paid
- ▲ \$250,000 if death occurs while traveling on company business
- Excludes accidents coming and going to work

Sick Leave and Disability



				HARTFORD
 Sick Leave (provided) 40* hours at hire Accrue 40* hours during first year 	Short Term Disability (provided) 14-day waiting period Benefit paid as	 Long T 180 - day wait 60% monthly up to \$400k Tax free income 	base	LTD is optional; you decide if you wish to purchase through MAPMG
Accrue 80* hours	salary continuation	Feature	Option A	Option B
 2nd year and thereafter *prorated to FTE 	 SHT: 50% SH: 67% 	Definition of 'Own Specialty'	Age 65	3 years; then Own Occupation as physician
Maximum accrual: 8 weeks (320 hours)	Maximum duration: 166 days	Cost of Living Adjustment (COLA)	3% each year	No COLA
		Monthly Premium	\$1.50/\$100 covered payroll	\$.058/\$100 covered payroll

Long Term Care Insurance w3.unum.com/enroll/mapmg



You, spouse/domestic partner, parents/in-laws, grandparents, siblings (max age at enrollment – 80)

\$3,000 - \$8,000 monthly benefit paid (Max = 5 years Facility)

▲ Amount of benefit received depends on where care is received

✓ Nursing Home: **100%** ✓ Assisted Living: **60%** ✓ Total Home Care: **50%**

5% simple inflation on monthly base benefit each year

Accelerated Payment Option

▲ Plan fully paid for at greater of age 65 or 15 years

	EOI	Payment
You	Over \$5,000	Payroll deduction
Family Members	All amounts	Payroll deduction – spouse All others: direct bill

Pre-Paid Legal Services Legal Resources



- 100% coverage for general consultation and advice; basic will preparation
- 25% discount for pre-existing matters, complex trust preparation or legal matters outside DC Metro area
- ▲ Eligible dependents: spouse/children to 19 or 26 if student
- ▲ Parents also covered at 25% level for all legal matters
- ▲ \$18.00 per month
- ▲ One year minimum commitment
- Select attorney firm online

Annual Leave Inclusive of time taken for CME activities

Years of Service	Days per Year (based on 40 hour M-F work week)	Weeks per Year (based on 40 hour M-F work week)
1 st – 3 rd	20	4
4 th - 10 th	25	5
11 th +	30	6

Balances roll year to year until you reach the maximum of 12 weeks (480 hours); then automatic cash payout



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IMPORTANT- REIMBURSEMENT SUBMISSION DEADLINES All PEP reimbursement requests must be submitted within 60 days of purchase, or within 60 days from return from a conference. In the case of board exams, within 60 days of receipt of passing grade.

Professional Expense Reimbursement at a Glance

Amount Covered	What is covered	Website/System	Contact
\$3,000 - prorated based on start and termination dates		Website/System www.mymapmgbenefits.com PEP System You can also link to the PEP system through UltiPro	MAPMG Benefits MAPMG-Benefits@kp.org 301-816-7192
BOARD CERTIFICATION			
Amount covered	What is covered	Website/System	Contact
No maximum- total cost of required elements covered	 Initial Certification Recertification Application & Exam Fees All Required Modules/Admin fees 	www.mymapmgbenefits.com PEP System (Board Certification Tab)	MAPMG Benefits MAPMG-Benefits@kp.org 301-816-7192
CENSES/HOSPITAL PRIVI	LEGES		
CENSES/HOSPITAL PRIVI Amount covered	LEGES What is covered	Website/System	Contact
		Website/System *MAPMG Concierge Service www.mymapmgbenefits.com License and Affiliation Expense Reimbursement System	Contact *MAPMG-Physician-Services@kp.org Professional Staff Office (PPQA) <u>PPQA- MAS@kp.org</u> 301-816 -5853
Amount covered	What is covered State Medical Licenses* State CDS* State DEA* 	*MAPMG Concierge Service <u>www.mymapmgbenefits.com</u> License and Affiliation Expense Reimbursement	*MAPMG-Physician-Services@kp.org Professional Staff Office (PPQA) <u>PPQA- MAS@kp.org</u>
Amount covered No maximum- total cost covered	What is covered State Medical Licenses* State CDS* State DEA* 	*MAPMG Concierge Service <u>www.mymapmgbenefits.com</u> License and Affiliation Expense Reimbursement	*MAPMG-Physician-Services@kp.org Professional Staff Office (PPQA) <u>PPQA- MAS@kp.org</u>

This is a summary of Professional Reimbursements for Physicians. It is not a binding document. See policies for complete plan provisions.

MAPMG's Retirement Plans

401(k) Plan

Your contributions *plus* MAPMG's contributions

Pension Plan

MAPMG's contributions only

401(k) Plan – Fidelity



- ▲ Pretax and/or Roth contributions up to annual IRS limit
 - **\$19,500** in 2021 or **\$26,000** if age 50 or older
- ▲ An additional \$15,000 in after-tax contributions above the IRS limit
 - Automatic Roth in-plan conversion feature available for additional potential retirement savings
- Rollovers from previous employer plans accepted contact Fidelity

Investment Options

- ▲ Target Date Funds (default)
- Many mutual funds of varying risk tolerance
- BrokerageLink Option

Fidelity will mail plan information, or logon to NetBenefits at <u>www.401k.com</u> but wait until after first paycheck. Fidelity: **(800) 835-5095**

Enrollment in the 401(k) Plan is done via Fidelity soon after hire; not as part of your new hire elections.

MAPMG's Contribution to 401(k) Plan

- 5% contribution of your base and incentive compensation up to IRS compensation limit, after 1,000 hours of service
- ▲ 2021 IRS compensation limit is \$290,000
- Does not limit what you can contribute
- ▲ 5-year graded vesting schedule

Years of Service	Vesting Percentage
1	10%
2	30%
3	50%
4	70%
5	100%

How much can be contributed to your MAPMG 401(k) account in 2021?



401(k) – Excess Contribution Plan

Total 2021 Base/Incentive Compensation = \$355,000

\$355,000 x 5% = \$17,750

Calculation	Total of Biweekly 401(k) contributions	Year-end cash payment; taxable
5% of first \$290,000 of base/incentive pay	\$14,500 into your Fidelity 401(k) account (subject to vesting)	N/A
5% of excess	N/A	\$3,250 (paycheck- taxed)
Total		\$14,500 + \$3,250 =\$17,750

Pension Plan (PPRP)

- ▲ 100% funded by MAPMG
- ▲ <u>Defined benefit</u> based on a formula combining final pay and service
- Rewards longevity
- ▲ **5-year** vesting (Yes or No)
- ▲ Normal Retirement Age is 65
- ▲ Full and Early Retirement: Age 60 64 with at least 20 years service
- Various forms of payment at retirement lump sum, single life annuity, joint and survivor options
- Supplemental Retirement Plan for benefits that exceed compensation limits
- ▲ Kaiser Permanente Retirement Center: <u>www.myplansconnect.com/kp</u> or use link on Benefits home page at https://mapmgsso.ultipro.com

Pension Plan - Example

Dr. Gordon retires from MAPMG in 2021 after 25 years at age 65 with Highest Average Compensation of \$290,000

Highest Average Compensation* x 2% x years of Credited Service up to 20 yrs plus Highest Average Compensation x 1% x years Credited Service over 20 years

HAC = highest average 36 months out of last 120 months worked, limited by IRS

* Up to IRS compensation limit; 2021 IRS compensation limit = \$290,000

 $290,000 \times 2\% \times 20 = 116,000 \text{ plus}$ $290,000 \times 1\% \times 5 = \frac{14,500}{130,500}$ Single Life Annuity = 130,500 (45% HAC)= 10,875 monthly for Life

Summary and Next Steps

- ▲ Review Flip Book
- Make your new hire benefit elections using UltiPro Self Service within 31 days of your start date
- Contact MAPMG Benefits with any questions
 - MAPMG-Benefits@kp.org
 - 301-816-7192

See you at the Academy!